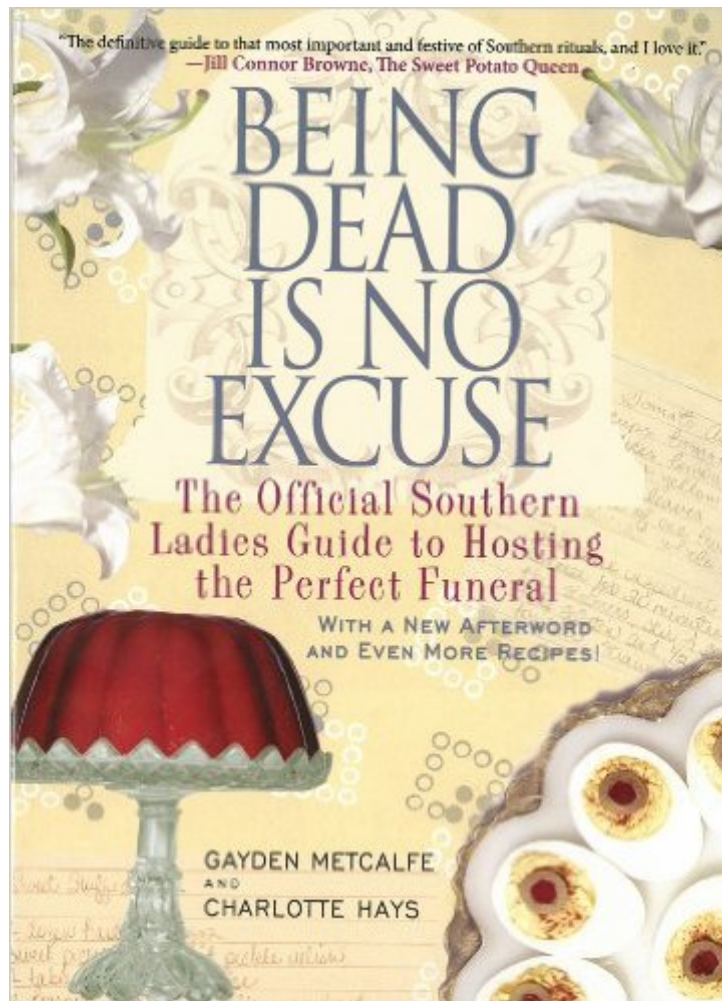


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# Being Dead Is No Excuse: The Official Southern Ladies Guide To Hosting The Perfect Funeral



## Synopsis

Folks in the Delta have a strong sense of community, and being dead is no impediment to belonging to it. Down South, they don't forget you when you've up and died--in fact, they visit you more often. But there are quintessential rules and rituals for kicking the bucket tastefully. Having a flawless funeral is one of them. In this deliciously entertaining slice of Southern life (and death), inveterate hostess Gayden Metcalfe explains everything you need to know to host an authentic Southern funeral. Can you be properly buried without tomato aspic? Who prepares tastier funeral fare, the Episcopal ladies or the Methodist ladies? And what does one do when a family gets three sheets to the wind and eats the entire feast the night before a funeral? Each chapter includes a delicious, tried-and-true Southern recipe, critical if you plan to die tastefully any time soon. Pickled Shrimp, Aunt Hebe's Coconut Cake, and the ubiquitous Bing Cherry Salad with Coca-Cola are among the many dishes guaranteed to make the next funeral the most satisfying one yet. Even if you've never been south of Rochester, this book will charm, it will entertain, and it will give you all the ingredients required for the perfect Southern send-off.

## Book Information

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## Customer Reviews

"As I Lay Dying" with recipes and a lot more humor. This exploration of Southern funeral customs is not only funny, but it also confirms that the South is still different from the rest of the country and celebrates those differences. A southern funeral must follow certain forms and the mourners have to tell stories, have a laugh and eat well. You can read it for the description of the folkways and keep it

on your shelf for the recipes.

I liked this so much I bought 5 extra for gifts! Recipes are wonderful and book is delightful! I've made several of the dishes in it & they are great. When people ask for a recipe that comes from this book, I just tell them "It's a gift from the dead" ..and we all have a laugh...and then they go buy the book! I love it to just read too!

All my Yankee friends need a copy of this book! It is an insightful addition to my own whimsical library! If you live in the South it is a funny look at our strange funeral practices and if you don't live in the South it will give you a little insight on what we do and why we do it. It is a must read for any person North or South of the Mason-Dixon Line. Not only is it a fabulous read it has recipes also. Ok some are less than desirable eats but you will still find the delta ladies cook it with class and serve it on a silver platter. Yes, we still have good silver and we use it too, especially at a funeral. In the book they talk about Southern women polishing the silver when a death has happened and that is exactly as I remember it also. Buy it! Read it! Love it!

This is a book I will pick up again & again, anytime I want a laugh or a snicker. Gossipy stories about life in a small town & the best food to bring to the funeral reception! The recipes alone are worth the price of the book. Very, very funny anecdotes about death and dying in the glorious South. I assume the authors have now been ostracized now that they dared reveal the foibles of their fellow citizens along with the treasured recipes. Just great, amusing reading!

"Being Dead is No Excuse" by Gayden Metcalfe and Charlotte Hays is very funny, charming, and perhaps more accurate than some might like to admit. I admit it, I am a "Yankee," (Though to a true Northerner, a Yankee is from New England, and one who eats apple pie with sharp Cheddar cheese for breakfast!), but I am highly familiar with funerals and preparations for "a good send-off." Metcalfe and Hays have written a funny, touching book that has aspects (and aspics!) that are applicable anywhere in the United States. However, this otherwise excellent book has been marred by sloppy, sloppy editing, as is too common any more. One thing, the hymn is "Our God, Our Help in Ages Past," not "Oh God....." And some of the recipes, which are mostly Southern classics (and rightly so!) lack crucial information as to pan sizes, or yields. If you're not going to cook from this book, no problem, but many of the recipes are so appealing, that it is really unfortunate that they were not edited better.

As a Southern church musician, reared by a grandmother born in the late 1800's the details of the customs, societal expectations, family eccentricities and community fixtures are "dead on." (pun intended) The friendly(?) competition between churches and individuals illustrates the status-consciousness of the matrons in towns and small cities. The recipes remind me of the comfort food of my youth. And no one has more characters than South. If you are from the South, you'll recognize the people and the ideology. If you're not from the South, this is a great introduction to our customs, cuisine and contrariness.

Southern life and death receive close inspection and a healthy dose of humor in *Being Dead Is No Excuse; The Official Southern Ladies Guide To Hosting The Perfect Funeral..* Traditional Southern recipes for casseroles, relishes, and 'funeral and wake food' dish up a healthy (or unhealthy, at times) dose of authentic Southern cooking and observation mixed with a pinch of humor. Plenty of social and cultural insights throughout.

This book was fun to read in that it did a realistic comparison between the habits of bringing food to funerals in the south in that those of us who are from the south have actually eaten many of the foods described in the book. It is really part cookbook and part fun read, however, as much of the book is taken up with the recipes. After reading it, I passed it on to a friend who is from Nashville and who enjoys the southern culture and cooking. Enjoy it for a light read and a few laughs but know that it contains more recipes than anything else.

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